



## OCTOBER 1—10:30 AM—CAN YOU INHERIT EXPERIENCES?—REV. CLARE L. PETERSBERGER, KARA TYLER, DIRECTOR OF RELIGIOUS EDUCATION

This month, we are celebrating the gift of heritage. When you think of your own heritage, what comes to mind? The country of origin of your ancestors? Their religion? Their culture? Their stories? What about their life experiences? A relatively new field in science, epigenetics, is studying how we may inherit life experiences. Our DNA is like an alphabet. And experiences (of both trauma and resilience) may change the story line they tell from generation to generation. What experiences might you have inherited? What experiences do you want to intentionally pass on to generations that follow? And why is the question, "How are you?" important to both?

### **SUNDAY, OCTOBER 1 ONLINE SERVICE INFORMATION**

For those who plan to join us on Zoom this Sunday, please see below for the Zoom information.

Zoom Link: https://zoom.us/j/92044895724?pwd=OFk0THIWSUJ0Sjdxa0pFTDJoNFdVUT09

Meeting ID: 920 4489 5724

Passcode: 583207

### **TUUC YOUTH RELIGIOUS EDUCATION**

Making Faith has officially hit the shelves. We're live. We're wired and connected. We're ready to rumble. Last week the kids were engaged, contributed, and, best of all, laughed. It was beautiful to see them working together and building the very thing we know is central to our Faith - a Beloved Community.

Thank you, everyone, for taking a chance on this idea, and to the YRE committee and volunteers to have stepped into the unknown with me as we create a new kind of program.

If you haven't had a chance, check out the article by Joy Berry posted near the fireplace, where she talks about reimagining RE as a community space, not a lesson/consumer space. It gave me the courage to jump in with this idea, and I hope it will ignite your innovative ideas throughout the church community and how we can better love and support one another.

### **TUUC ANNOUNCEMENTS AND UPCOMING EVENTS**

#### **NEWS ABOUT US**

Susan Woolhiser is grateful for the cards she has received following her heart surgery. Now she would appreciate meals. This is the Meal Train for Susan Woolhiser: <a href="https://mealtrain.com/31dk20">https://mealtrain.com/31dk20</a>

To facilitate her healing, please think vegetables, fresh fruits and whole grains. (No prepared foods, please. For example, no rotisserie chicken!) Susan needs a low-sodium (salt), low-fat diet! That means a max of 2000 mg salt per day! Susan loves peaches, strawberries, blue berries, and blackberries. Think Heart Healthy! Thank you!

--- Rev Clare

#### UNITING IN WELCOME: EMBRACE THE ESSENCE OF COMMUNITY BY WELCOMING VISITORS

We're thrilled to invite every member to join us in embodying the beautiful words of Gwendolyn Brooks: "We are each other's harvest: we are each other's business: we are each other's magnitude and bond." This sentiment, which inspired our stewardship campaign, now extends to a heartwarming opportunity – greeting visitors to our beloved church. Whether you choose to offer a warm hello once a year or once a month, your presence and smile can create a lasting impact.

It's easy to think that someone else will step into this role. But here's the heartfelt truth — the responsibility is shared by all of us. The magic lies in our unity, and your welcoming spirit can make newcomers feel right at home. With just 15 minutes of your time, you can be a part of something truly meaningful.

Imagine the resonance of each of us coming together. Envision the ripples of connection weaving through our community as we welcome newcomers with open arms. By embracing this role, you're contributing to the spirit of "We are each other's harvest."

Ready to embrace the heartwarming role of a greeter? It's as easy as sending a quick email to <a href="membership@towsonuuc.org">membership@towsonuuc.org</a> with the subject line "I'm in" and a date of your choice or simply <a href="clicking here">clicking here</a> and picking the date or dates that work best for you.

Let's honor the essence of community and show that each warm greeting matters.

#### **GALLERY UNICORN SEEKS VOLUNTEERS**

GU is a small volunteer-run gallery, exhibiting artworks from artists across the Baltimore community, like those in the current exhibition. Proceeds from the sale of artworks benefit both TUUC and the artist. Art on our meeting room walls benefits our congregation and guests. We need help with hanging the exhibitions (6 per year) and assisting with exhibit opening receptions. The gallery also has a Facebook page and help with social media would be greatly appreciated. If you are interested, please send an email to galleryunicorn@towsonuuc.org. Thanks.

---Lisa Lubomski for Gallery Unicorn

### GALLERY UNICORN—SHOW US WHAT YOU'VE GOT!

TUUC is the spiritual home to a lot of creative people. We invite you to share your art or artisan work with our congregation in the annual Members and Friends of TUUC Exhibit. While there are many trained artists at our church, you don't have to be a trained artist to submit. Worried about whether your art is good enough? Do you make art? Do you want/ need to get your artist light out from under the basket? Any member or friend (or family member) of TUUC may submit up to 2 works.

The exhibition will run from Sunday, January 8, 2024 through March 4, 2024. Art to be delivered to the church between 9 to 10 AM on Tuesday, January 2, 2024 and picked up following services on Sunday, March 4, 2024 or at the church on Monday, March 5, 2024 between 9 to 10 AM. If you have any questions or want to submit, please email to galleryunicorn@towsonuuc.org.

### GREEN SANCTUARY MEETING—SUNDAY, OCTOBER 1 AT NOON

The Green Sanctuary Committee will hold its monthly meeting on Sunday, October 1 at 12 PM. All are invited to attend in person in Room 6 downstairs or virtually through the zoom link on the church calendar.

### SINGLES FELLOWSHIP GROUP POTLUCK – SATURDAY, OCTOBER 14 AT 6:00 PM

Join us for good food and conversation in the church upper level lobby. We offer an atmosphere for fellowship and friendship among TUUC single adults. We range in age from the 60's through the 80's, but gladly welcome anyone to join us.

Please call Ronald Rowley to RSVP and to get more information. He is listed in the church directory.

### COMMUNITY CHOIR—SUNDAY, OCTOBER 15

The first Community Choir Sunday of the new worship year will be on Sunday, October 15th. This is an opportunity to rehearse only on the morning of the service, and to sing that day. All ages are welcome! You'll need to arrive at 9:00 AM to rehearse together. You'll have a substantial break time during sound checks before the service. This time we'll combine forces with the TUUC Choir (they will have prepared one piece already, which you can join in on), and we'll have a guest cellist joining us that day. Hope to see you the morning of October 15th! Please RSVP to Tracy at <a href="music@towsonuuc.org">music@towsonuuc.org</a> if you plan to come. But if you forget...you can still just show up!

### TUUC DRUM CIRCLE—SUNDAY, OCTOBER 22 AT 3 PM

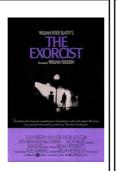
The first meeting of the TUUC Drum Circle for the season will be Sunday, October 22nd at 3 PM in the Meeting Room. Hope you'll join in the rhythm! We'll spend most of the time free form jamming, but we'll have a time for meditational drumming towards the end. Please bring a hand drum if you have one, and we'll have some small percussion available as well. We are short on djembes right now, so if anyone has an extra you can bring (or even donate to the cause), please do so! For more information, contact Tracy Hall at <a href="music@towsonuuc.org">music@towsonuuc.org</a>.

### ICJS TO HOST INTERRELIGIOUS EVENTS ON HOWARD THURMAN—MON, OCT 23 AT 7 PM

The Institute for Islamic, Christian, and Jewish Studies (ICJS) is presenting a series of events this fall centering on the life and legacy of Howard Thurman. Dr. Walter Fluker, one of the preeminent experts on Thurman, will deliver the ICJS Manekin-Clark Lecture at 7 PM on Monday, October 23 at Northside Baptist Church, 1101 E. Northern Parkway. The lecture is free, but registration is required as space is limited. It will also be live streamed. Other events include: Howard Thurman: Moral anchor to the Civil Rights movement, a three-week minicourse available in person at ICJS or via zoom; a book study group for religious leaders, and a reading group for the general public. For more information and to register, please visit icjs.org.

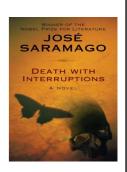
### CABIN FEVER

THE EXORCIST (1973)
SUNDAY, OCTOBER 1
4:00 PM SCREENING
IN PERSON



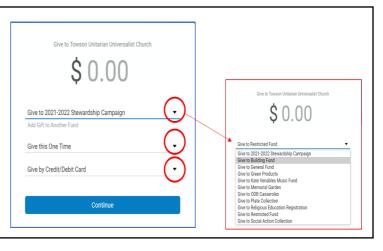
### **BOOK CLUB**

DEATH WITH
INTERRUPTIONS
WEDNESDAY, OCTOBER 25
7:30 PM



### **ONLINE CONTRIBUTIONS**

When making your contributions online, please be sure to designate your donation to the correct fund by using the dropdown arrow. Click on the fund you wish to contribute to and write the entity (ex: ODB) in the note area for clarification.



### **SOCIAL ACTION**

#### **ASSISTANCE CENTER OF TOWSON CHURCHES**

The Assistance Center of the Towson Churches, ACTC, is again responding to the community needs. They are open on Wednesday evenings from 4-7pm, to help those unable to come during the day. They are also restarting their financial assistance program. Please note that ACTC really needs hearty canned soups and beans.

### EARLS PLACE OPENING DOORS DINNER—THURSDAY OCTOBER 5 AT 6:00 PM

Join our TUUC group to celebrate new beginnings for the men of Earl's Place and Prospect Place as they continue to rebuild their lives and move from hopeless and homeless to hopeful and housed. This event will take place on Thursday, October 5 from 6:00 PM to 10:00 PM at the Boumi Temple 5050 King Ave in Rosedale, MD. You have the option to participate in the auction online and the deadline to donate items to be auctioned is September 15th; possibly extended to the 22nd at the latest. For more information, please visit <a href="https://cchbaltimore.org/cornerstone">https://cchbaltimore.org/cornerstone</a>.

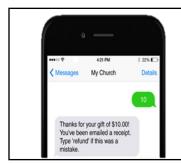
#### OUT FOR JUSTICE—LEGISLATIVE PLANNING AND COMMUNITY RESOURCE CLINIC

Out For Justice is in the midst of planning their legislative agenda for this year. Their focus will be on the expungement of records. Out For Justice is also planning the "2023 All Night Community Resource Clinic" 4pm-4am in October, the place and time TBA. The purpose of this event is to bring civic education, voter registration, child support modifications, and the new expungement legislation to a neighborhood in Baltimore. They are looking for support from legal, workforce, employer, civic, and social partners. To find out more, to donate, or to become more active with this inspiring community partner, please check out their website, out4iustice.org.

### NONPERISHABLE FOOD

Nonperishable food can be dropped off at these locations:

- Mondays, 12 to 2 PM: Ascension Lutheran Church parking lot (7601 York Rd.)
- Thursdays, 12 to 2 PM: Trinity Episcopal Church parking lot (120 Allegheny Ave.)
- Thursdays, 5 to 6 PM: Valley Baptist Church parking lot (1401 York Rd.)



### **DONATE BY TEXT**

Send an amount to (410)834-0700

### PASSING THE PLATE

DONATE TO TUUC VIA PAYPAL, TEXT, OR BREEZE MORE INFORMATION ON THE TUUC WEBSITE

### WHAT'S HAPPENING AT TUUC

Calendar is subject to change. Check the website calendar **here** for most current schedule.

29 Sept	Friday	Parkinson Support Group	12:30 PM
1 Oct	Sunday	YRE—Making Faith	9:00 AM
1 Oct	Sunday	Sunday Service	10:30 AM
1 Oct	Sunday	Worship as a Spiritual Practice at TUUC	11:30 AM
1 Oct	Sunday	Green Sanctuary Meeting	12:00 PM
1 Oct	Sunday	Cabin Fever—The Exorcist (50th Anniversary)	4:00 PM
2 Oct	Monday	Mindful Way Meditation	7:00 PM
3 Oct	Tuesday	Women's Group Meeting	7:30 PM
5 Oct	Thursday	Men's Brunch	11:30 AM
5 Oct	Thursday	TUUC Choir Rehearsal	7:30 PM
6 Oct	Friday	Writing As a Spiritual Practice	1:00 PM
7 Oct	Saturday	YRE Game Night	6:00 PM
7 Oct	Saturday	YRE Sleepover	10:00 PM
8 Oct	Sunday	YRE—Making Faith	9:00 AM
8 Oct	Sunday	Sunday Service	10:30 AM
8 Oct	Sunday	Social Action Committee Meeting	12:00 PM
8 Oct	Sunday	Cabin Fever—Bug	4:30 PM
10 Oct	Tuesday	Aging Together	1:00 PM

Don't Work Sick Don't School Sick Don't Church Sick

# SUNDAY SERVICE ATTENDANCE REPORT

(Does not reflect actual number of people watching)

Date	Time	In-Person / Online
09/24/2023	10:30 AM	60 / 27