

**APRIL 30 - 10:30 AM - THE ANTIDOTE TO CYNICISM  
REV. CLARE L. PETERSBERGER**

Seventeen years ago, in a commencement address, Stephen Colbert said, “Cynicism masquerades as wisdom, but it is the farthest thing from it.” Today we explore the role of cynicism in our culture and in our own lives and where we might find the antidote.

**SUNDAY, APRIL 30 ONLINE SERVICE INFORMATION**

For those who plan to join us on Zoom this Sunday, please see below for the Zoom information.

**Zoom Link:** <https://zoom.us/j/95567701171?pwd=cU9Hc1B3V1hzNGY0MnhYa1dpWkxKZz09>

**Meeting ID:** 955 6770 1171

**Passcode:** 290360

**BELTANE RITUAL—SUNDAY, APRIL 30 AT 7:00 PM**

Beltane is one of the eight sabbats on the Pagan wheel of the year. For the ancient Celts, Beltane marks the beginning of summer when the cattle were sent into the summer pastures. Meaning “bright fire” Beltane was celebrated by lighting two fires and driving cattle between the fires, which



were thought to protect the animals from harm and to boost their fertility. We may not keep cattle today, but the ideas underlying this holy day are still compelling. For modern Pagans, we celebrate not only the waxing sun and fertility of Earth, but also our own internal flames of creativity in body, mind, and spirit. Join us on Sunday, April 30 at 7 pm in Thoreau Meadow as we light our Beltane fire and celebrate the coming of summer. Bring food to share and a donation for ACTC. Drums will be welcome as we dance around the fire. *In case of rain, the maypole dance and ritual will be moved indoors.*

For families, we will also dance around the maypole right after the church service on April 30 (approximately 11:45 am). Children of all ages are most welcome to join us in the dance and making wreaths of flowers.

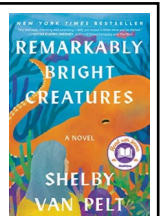
**CABIN FEVER**

**ALASKA IS A DRAG  
SUNDAY, APRIL 30  
4:30 PM DISCUSSION**



**TUUC BOOK CLUB**

**WEDNESDAY, MAY 24  
7:30 PM**



# TUUC ANNOUNCEMENTS AND UPCOMING EVENTS

## A FEW MORE SINGERS AND HAND CLAPPERS NEEDED FOR SPECIAL MUSIC SUNDAY IN MAY

We are working on some amazing choir music for the Special Music Sunday on May 21st. Two of the pieces are unusual, and require larger forces and lots of rhythmic energy. This music is incredibly fun, yet substantial. One is an arrangement of a TuneYards song, and the other one will give you goosebumps! Tracy Hall will be holding extra rehearsals on all the Saturdays in May from 10 AM to 12 PM. Please contact Tracy at [music@towsonuuc.org](mailto:music@towsonuuc.org) if you'd like more info, or you'd like to participate. We need singers, but we also need additional people to learn hand clapping parts. Hope you'll consider being part of this!

## THE FACES OF DEPRESSION: MAY 1, MAY 8, MAY 15, AND MAY 20

May is National Mental Health Awareness Month. One of the major mental health issues of our time is depression. Statistics show that 20 percent of adult Americans can expect to experience clinical depression at least once.



In the 18th and 19th century, depression, also known as melancholia, was thought to be a character trait that was inherited and could not be changed. Today, we understand it as a disease that can be treated. Nevertheless, there is much about depression that is still not understood, and stigma attached to depression remains a problem. For those suffering from depression and those close to them, depression can seem mysterious and impossible to cure.

In this 4-week course, led by Rev. Karyn Marsh, who is a chaplain at Johns Hopkins Hospital, participants will learn to recognize the signs and symptoms of depression, about treatments for depression, and how to support those who are experiencing depression. While this course is designed for those who are supporting people with depression, it will also offer resources for participants to tend to their own mental health.

The first three classes will be held via zoom on Mondays, May 1, May 8, and May 15, from 7 pm until 8 pm. The final class session will be in-person at TUUC on May 20 from 1 pm until 3 pm. Participants are encouraged to attend all four sessions. To register please click on this link: <https://tuucdatabase.breezechms.com/form/55276183>

### ONLINE CONTRIBUTIONS

When making your contributions online, please be sure to designate your donation to the correct fund by using the dropdown arrow. Click on the fund you wish to contribute to and write the entity (ex: ODB) in the note area for clarification.

A screenshot of a web form for online contributions to Towson Unitarian Universalist Church. The form shows a total amount of \$0.00. There are three dropdown menus for selecting a fund: "Give to 2021-2022 Stewardship Campaign", "Add Gift to Another Fund", "Give this One Time", and "Give by Credit/Debit Card". Each dropdown menu has a red circle around it, and a red arrow points from the first dropdown to a second, expanded dropdown menu on the right.A screenshot of an expanded dropdown menu from the online contribution form. The menu lists several options: "Give to Restricted Fund", "Give to 2021-2022 Stewardship Campaign", "Give to Building Fund", "Give to General Fund", "Give to Green Products", "Give to Kate Venables Music Fund", "Give to Memorial Garden", "Give to ODB Casseroles", "Give to Plate Collection", "Give to Religious Education Registration", "Give to Restricted Fund", and "Give to Social Action Collection".

## **NAMING THE NEW TRAIL**

Have you walked the recently constructed trail that runs through the woods on our property? We are grateful to those who have helped establish this path. Their work has provided us a place for contemplation and observation.

At this moment, the trail is unnamed. At their most recent meeting in March, members of the Board proposed calling it the TUUC Ancestors Trail. The intention was to acknowledge, not only those members of our congregation who have come before us, but also the previous stewards of our land. The path travels from the Memorial Garden to the Thoreau Meadow across grounds that were once worked by enslaved Africans and, before that, controlled by the Piscataway- Conoy Nation. Under this proposal, we will work to create a marker explaining the history of the land and acknowledging the previous inhabitants. This marker will be dedicated upon its installation.

If you have questions, feedback or concerns about the current plan, please contact Andrew Hager ([AndrewW.Hager@gmail.com](mailto:AndrewW.Hager@gmail.com)) by Friday, May 12. The Board will vote to finalize the name at their May 17 meeting.

## **WOMEN'S LUNCH—MONDAY, MAY 1 AT NOON**

The Women's Lunch Bunch will meet Monday, May 1 at noon in the Cafe at Edenwald. For information or reservations, please contact Sue Shankroff.

## **MEN'S BRUNCH—THURSDAY, MAY 4 AT 11:30 AM**

The men's brunch will meet Thursday, May 4 at 11:30 AM in the Cafe at Edenwald. For information, please contact Herb Shankroff.

## **WOOD FAMILY FAREWELL PARTY**

As you may have heard, The Wood Family (Katie, David, and their 4 children) are moving to the West Coast in June. Please join us for a farewell gathering on Sat 5/6 at 4pm at the Avallone home—the address is listed in Breeze. For more information, please contact Clare Flynn-Avallone (information in Breeze).

Please bring a side dish or dessert to share. Main course and drinks will be provided. Please share with Clare what you plan to bring so we can try to avoid duplication. Rain date will be Sunday, May 7 in the afternoon.

## **TUUC DRUM CIRCLE—SATURDAY, MAY 6**

The TUUC Drum Circle will meet for a regular drum circle event on Saturday, May 6th from 3 to 4 PM. Please bring a hand drum if you have one. Join in the rhythm! All ages are invited.

## **COMMUNITY CHOIR-SUNDAY, MAY 7**

Our next Community Choir service will be on Sunday, May 7th. Anyone is invited to sing, just come at 9:00 AM to learn the music and then sing in the 10:30 service! You'll have a break from around 9:45 until 10:15. The music will be fairly simple, but there will be some lyric reading necessary.

## **NEWCOMERS' SESSION—SUNDAY, MAY 7 FOLLOWING THE SERVICE**

New to TUUC? Have questions about our congregation and its programs? Please stop by Room 2 after the service on May 7. The Membership Committee would be pleased to get to know you a bit better and to help you connect with any groups or activities you might like to explore.

## **FROM THE TUUC NOMINATING COMMITTEE**

Do you want to help lead TUUC into the future? Do you want to help build our Beloved Community? If so, the Nominating Committee is looking for a few good people! There are both elected and appointed positions. Please contact any member of the Nominating Committee: Sue Royer (Chair), Marilyn Carlisle, Nancy Caswell, or Lou Gieszl if you would like to be considered for a future leadership role or for leadership training opportunity. Our contact information is in Breeze. If you would like to be considered, or if you want to nominate a member with their consent, the deadline is May 1.

## **IN CELEBRATION OF THE LIFE OF PETER LIVERIGHT**

It is with sadness that I share news of the death of Peter Liveright on Sunday. He was one of the first people I met at The Towson Unitarian Universalist Church in 1999. He served on the Ministerial Search Committee and shared his wonderful wit and background in Human Resources. It was always a pleasure to visit with Peter and his wife of 63 years, Barbara, and see photographs of their travels around the country. Peter was Barbara's devoted caretaker when she developed dementia.

Peter was committed to TUUC and served for 13 years on the TUUC Personnel Committee. He was also a UUA compensation consultant for the Joseph Priestley District for many years. One of my fondest memories of Peter was attending a workshop at the UUA General Assembly on an Aesthetics of Jazz offered by Professor Sharon Welch. As we waited for the lecture to begin, Peter's eyes looked into the past as he shared memories of the jazz he heard in New York City.

More information about Peter's life may be found here:

[https://www.peacefulalternatives.com/obituary/peter-liveright?fbclid=IwAR21j9xh9uQ2rsDC6c6l0uYBnnsb8rMKWn8d8\\_hlbEblZytlyd3rPiKn7WU](https://www.peacefulalternatives.com/obituary/peter-liveright?fbclid=IwAR21j9xh9uQ2rsDC6c6l0uYBnnsb8rMKWn8d8_hlbEblZytlyd3rPiKn7WU)

Peter's family will be holding a private celebration of his life. But they have asked that donations in his memory be made to The Towson Unitarian Universalist Church with his name in the memo line. Donations will go to the TUUC Building Fund.

Peter Liveright lived up to his name. He had a long and well lived life. May his memory always be for a blessing. --- Rev Clare

----Rev. Clare

## SOCIAL ACTION

### BRIDGE UPDATE

The initial phase of Our Sacred Listening Campaign has ended, but we have learned so much, we are entering a new phase. We are going to be reaching out to more individuals for a while longer. So, you might be receiving a message asking you to participate in these conversations. If you don't want to wait to be asked, just let Rev. Clare or Ann Beezley know, we want to hear from as many people as possible.

The date for the Issues Convention has been set as Saturday, 6/10/2023, from 10 AM to 1 PM. Everyone from TUUC is invited.

### DONATIONS AT TUUC

Assistance Center of Towson Churches (ACTC) still need donations. Please deposit them in the round bin (Marked ACTC) on the floor of the Church lobby. The most requested food items are: boxed breakfast cereal, canned meals (pork & beans, chili), canned vegetables, canned fruit, dry pasta, pasta sauce, Mac & cheese, canned tuna, peanut butter, jelly, canned soup, family and travel sized toiletries, and household supplies (toilet paper, laundry detergent). In addition, there is a round bin marked "Earl's Place" for donations of paper goods and toiletries, such as toilet paper or paper towels.

### OUR DAILY BREAD

It's April and we are collecting casseroles for Our Daily Bread again. You and your family can make and freeze casseroles (the recipes and pans are in the lobby) or you can purchase Stouffers Party Sized Mac & Cheese or Lasagna, or you can donate \$15 for each casserole. All casseroles need to be frozen and delivered to our freezer( in the closet near the piano) by 4/30/23). If you chose to donate funds, just be sure to specify Our Daily Bread, ODB, in the memo line.

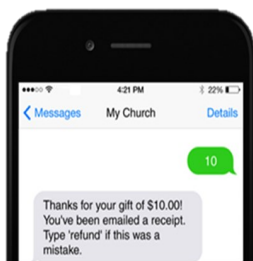
### NONPERISHABLE FOOD

Nonperishable food can be dropped off at these locations:

- Mondays, 12 to 2 PM: Ascension Lutheran Church parking lot (7601 York Rd.)
- Thursdays, 12 to 2 PM: Trinity Episcopal Church parking lot (120 Allegheny Ave.)
- Thursdays, 5 to 6 PM: Valley Baptist Church parking lot (1401 York Rd.)

### UULM UPDATE

When the General Assembly adjourned "sine die" 4/10/2023, 30 of UULM-MD's 67 priority bills had passed (45%). In terms of issues (rather than individual bills), the record is even better: 20 of 36 issues (56%). A final list of the bills that passed can be found here: <https://www.uulmmd.org/post/final-list-of-priority-bills-that-passed>



### DONATE BY TEXT

Send an amount to  
**(410)834-0700**

## PASSING THE PLATE

DONATE TO TUUC VIA PAYPAL, TEXT, OR BREEZE  
MORE INFORMATION ON THE [TUUC WEBSITE](#)

# WHAT'S HAPPENING AT TUUC

Calendar is subject to change. Check the website calendar [here](#) for most current schedule.

29 Apr	Saturday	Celebration of Life—Mimi Marks	10:00 AM
29 Apr	Saturday	Singles Fellowship Group Potluck	6:00 PM
30 Apr	Sunday	Sunday Service	10:30 AM
30 Apr	Sunday	Beltane	11:45 AM
30 Apr	Sunday	SACReD	1:00 PM
30 Apr	Sunday	Cabin Fever—Alaska is a Drag	4:30 PM
1 May	Monday	Women's Lunch Brunch	12:00 PM
1 May	Monday	The Faces of Depression	7:00 PM
2 May	Tuesday	Singles Fellowship Potluck	6:00 PM
2 May	Tuesday	Men's Reflection Group	7:30 PM
2 May	Tuesday	Women's Group Meeting	7:30 PM
4 May	Thursday	Men's Brunch	11:30 AM
4 May	Thursday	TUUC Choir Rehearsal	7:30 PM
5 May	Friday	Parkinson's Support Group	12:30 PM
5 May	Friday	Writing as a Spiritual Practice	1:00 PM
6 May	Saturday	Choir Rehearsal	10:00 AM
6 May	Saturday	TUUC Drum Circle	3:00 PM
7 May	Sunday	Sunday Service	10:30 AM
7 May	Sunday	Newcomers' Session	11:30 AM

**Don't Work Sick**  
**Don't School Sick**  
**Don't Church Sick**

SUNDAY SERVICE ATTENDANCE REPORT		
(Does not reflect actual number of people watching)		
Date	Time	In-Person / Online
04/23/2023	10:30 AM	78 / 18