



JANUARY 29, 2023 - 10:30 AM

REV. KARYN MARSH, MEL GINSBURG—*THE BALANCE POINT*

Equilibrium is an important concept in the sciences. For example, in chemistry, Le Chatelier’s principle posits that all systems maintain an equilibrium and when that equilibrium is disturbed, the system will adjust to achieve a new equilibrium. In physics, equilibrium is reached when two forces are balanced. Beyond the sciences, however, equilibrium or the balance point can be applied to our spiritual and ethical lives. In this service, Rev. Karyn Marsh will explore finding balance or equilibrium as a spiritual practice. Mel Ginsburg will share how serving our House and Grounds team might help you to find balance and equilibrium!

SUNDAY, JANUARY 29 ONLINE SERVICE INFORMATION

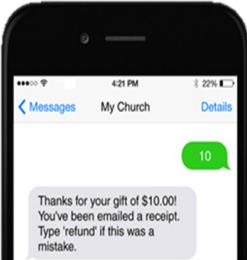
For those who plan to join us on Zoom this Sunday, please see below for the Zoom information.

Zoom Link: <https://zoom.us/j/95474233285?pwd=V2RUUzdSaVdiMmg1R1l5d1kxdW5SQOT09>

Meeting ID: 954 7423 3285 **Passcode:** 328735

YOUTH RELIGIOUS EXPLORATION

Last week, our Teens took a trip downtown to The Reginald F. Lewis Museum of Maryland African American History & Culture. If you have a chance, ask them about their experience and what they learned. Maybe its an outing you and your family would be interested in checking out sometime!



DONATE BY TEXT

Send an amount to
(410)834-0700


PASSING THE PLATE

DONATE TO TUUC VIA PAYPAL, TEXT, OR BREEZE
MORE INFORMATION ON THE [TUUC WEBSITE](#)

TUUC BOOK CLUB

WEDNESDAY, FEBRUARY 22

7:30 PM




CABIN FEVER

THE MAN WHO SHOT LIBERTY VALANCE (1962)

SUNDAY, JANUARY 29

4:30 PM



TUUC ANNOUNCEMENTS AND UPCOMING EVENTS

IN CELEBRATION OF THE LIFE OF GREG KOREN—SATURDAY, FEBRUARY 4 AT 2:00 PM

As many of you know, Greg Koren, father, teacher, author, magician, and the co-organizer of TUUC Halloween parties with his wife Amy for years, was diagnosed with ALS over a year ago and moved to be near family in Massachusetts. He has decided to enter hospice care there on Feb. 5. But, first, on Feb. 4, at 2 PM, there will be a celebration of his life in Massachusetts and he will be part of it!

We are working with Greg's family and the church in Concord to beam Greg, Amy, Mara, and Max and all who are part of this celebration in MA into our Meeting Room at TUUC. So you are invited to come to TUUC at 2 PM on Feb. 4th, to celebrate Greg's life with other TUUC members and friends. -----Rev. Clare

NEXT COMMUNITY CHOIR SUNDAY—SUNDAY, FEBRUARY 5 AT 9:00 AM

Sunday, February 5th will be the next Community Choir. Anyone interested in singing is invited to arrive at 9:00 AM that morning to learn all the music for the service. All ages, all skill levels. Please RSVP to Tracy at music@towsonuuc.org, but if you forget, come and sing anyway!

WRITING AS A SPIRITUAL PRACTICE—DROP IN SESSIONS

Feb. 10 and 24, March 10 and 24, April 7 and 21, May 5 and 19, June 9 from 1-2 PM on Zoom
All are welcome to these stand alone sessions on Zoom. We check-in; light a chalice; listen to a brief reading; and then choose one of several prompts. After writing together for 15 minutes in silence, we are invited to share what we have written. Through this practice we become more present to our own lives and get to know the lives of others at a deeper level. We close with a benediction. The purpose of this group is not perfection it is presence. Join us on one or all of the Friday sessions above! ---Rev. Clare

SOUL MATTERS SHARING CIRCLES

Feb. 14, 28, March 14, 28, April 11, 25, May 9, 23, and June 13 from 7:30-9 PM on Zoom
Soul Matters Sharing Circles are small groups that meet to explore our spiritual theme of the month in greater depth by fostering circles of trust and deep listening. Each participant is provided with a packet which includes exercises to experience the theme of the month. In addition, each packet includes questions to walk with and not talk through. Participants bring their life story as a way to answer the question.

There are additional resources in the packet for contemplation and spiritual practice. These are NOT intended to be stand alone sessions. Instead, participants are asked to commit to attend as many of the eight sessions as possible. Soul Matters sharing circles will re-open on February 14. If you would like to participate in the sessions from Feb. through June, please e-mail Rev. Clare (revclare@towsonuuc.org) so that she may send you a packet.

MEN'S BRUNCH—THURSDAY, FEBRUARY 1 AT 11:30 AM

The men's brunch will meet Thursday February 1 at 11:30 AM in the Cafe at Edenwald. For information, please contact Herb Shankroff.

SOCIAL ACTION

DONATIONS AT TUUC

We are again collecting donations of nonperishable food for the Assistance Center of Towson Churches (ACTC). Please deposit them in the round bin (Marked ACTC) on the floor of the Church lobby. The most requested food items are: boxed breakfast cereal, canned meals (pork & beans, chili), canned vegetables, canned fruit, dry pasta, pasta sauce, Mac & cheese, canned tuna, peanut butter, jelly, canned soup, family and travel sized toiletries, and household supplies (toilet paper, laundry detergent). In addition, there is a round bin marked “Earl’s Place” for donations of paper goods and toiletries, such as toilet paper or paper towels.

NONPERISHABLE FOOD

Nonperishable food can be dropped off at these locations:

- Mondays, 12 to 2 PM: Ascension Lutheran Church parking lot (7601 York Rd.)
- Thursdays, 12 to 2 PM: Trinity Episcopal Church parking lot (120 Allegheny Ave.)
- Thursdays, 5 to 6 PM: Valley Baptist Church parking lot (1401 York Rd.)

MARYLAND GENERAL ASSEMBLY

The General Assembly of Maryland is only 90 days, from January 11 to April 10, 2023— not much time to get our priority bills passed. The Unitarians Universalist Legislative Ministry UULM, has a website that lists our organization priority legislation for this session. This is their website: <https://www.uulmmd.org/>

The priority legislation for 2023:

- Climate Change - <https://www.uulmmd.org/cc-current-session>
- Criminal Justice - <https://www.uulmmd.org/cj-current-session>
- Gun Violence Prevention - <https://www.uulmmd.org/gv-current-session>
- Health Care/Reproductive Rights - <https://www.uulmmd.org/hc-current-session>
- Immigration - <https://www.uulmmd.org/im-current-session>
- Medical Aid in Dying - <https://www.uulmmd.org/maid-current-session>
- To get the current status of the Maryland legislation - <https://www.uulmmd.org/current-status-of-priority-legislat>
- Are you interested in Federal Legislation? Unitarian Universalists for Social Justice – UU Advocacy in the Nation's Capital (uusj.net)

ONLINE CONTRIBUTIONS

When making your contributions online, please be sure to designate your donation to the correct fund by using the dropdown arrow. Click on the fund you wish to contribute to and write the entity (ex: ODB) in the note area for clarification.

Give to Towson Unitarian Universalist Church

\$ 0.00

Give to 2021-2022 Stewardship Campaign

Add Gift to Another Fund

Give this One Time

Give by Credit/Debit Card

Continue

Give to Towson Unitarian Universalist Church

\$ 0.00

Give to Restricted Fund

Give to 2021-2022 Stewardship Campaign

Give to Building Fund

Give to General Fund

Give to Green Products

Give to Kate Venables Music Fund

Give to Memorial Garden

Give to ODB Casebooks

Give to Plate Collection

Give to Religious Education Registration

Give to Restricted Fund

Give to Social Action Collection

WHAT'S HAPPENING AT TUUC

Calendar is subject to change. Check the website calendar [here](#) for most current schedule.
Click [here](#) for the schedule of ongoing regular TUUC virtual meetings.

29 Jan	Sunday	Sunday Service—Finding Our Center	10:30 AM
29 Jan	Sunday	Cabin Fever—The Man Who Shot Liberty Valance	4:30 PM
1 Feb	Wednesday	Improv	7:00 PM
2 Feb	Thursday	Men's Brunch	11:00 AM
2 Feb	Thursday	TUUC Choir Rehearsal	7:30 PM
4 Feb	Saturday	Celebration of Life for Greg Koren	2:00 PM
5 Feb	Sunday	Sunday Service—Vulnerability	10:30 AM
5 Feb	Sunday	Social Action Committee Meeting	12:30 PM
5 Feb	Sunday	SACReD	1:00 PM
5 Feb	Sunday	Cabin Fever—The Wolf of Wall Street	4:30 PM
7 Feb	Tuesday	Men's Reflection Group	7:30 PM
7 Feb	Tuesday	Women's Group Meeting	7:30 PM
8 Feb	Wednesday	Improv	7:00 PM
9 Feb	Thursday	TUUC Choir Rehearsal	7:30 PM
10 Feb	Friday	Writing as a Spiritual Practice	1:00 PM
12 Feb	Sunday	Sunday Service—Vulnerability	10:30 AM
12 Feb	Sunday	Cabin Fever—STUTZ	4:30 PM
14 Feb	Tuesday	Aging Together	1:00 PM
14 Feb	Tuesday	Soul Matters Sharing Circles	7:30 PM

Don't Work Sick
Don't School Sick
Don't Church Sick

SUNDAY SERVICE		
ATTENDANCE REPORT		
(Does not reflect actual number of people watching)		
Date	Time	In-Person / Online
01/22/2023	10:30 AM	77 / 32