



OCTOBER 16, 2022 - 10:30 AM

REV. CLARE L. PETERSBERGER—ORDINARY COURAGE

Brian Andreas is an artist known for his StoryPeople he makes using salvaged wood from old rural homesteads and other media to create a short story that focuses on a moment or a memory. He has written, "Anyone can slay a dragon....but try waking up every morning and loving the world all over again. That's what takes a real hero." Today we explore ordinary courage that we sometimes fail to appreciate and the heroism it illustrates.

SUNDAY, OCTOBER 16 ONLINE SERVICE INFORMATION

For those who plan to join us on Zoom this Sunday, please see below for the Zoom information.

Zoom Link: https://zoom.us/j/96683507388?pwd=NE1IMTZtSkUwVTBnZVJzVmVSSGVvUT09

Meeting ID: 966 8350 7388

Passcode: 651706

SLIGHT CHANGE TO SUNDAY MORNING SCHEDULE

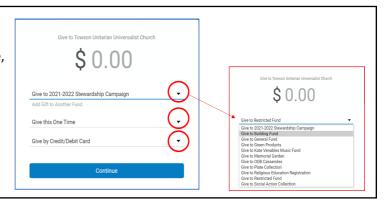
In a month when our spiritual theme is courage, we are going to experiment with changing our current gathering time on Sunday morning. Those worshiping on-line, are invited to log-in at 10:25 instead of at 10:15. We will still begin with gathering music. The order of service will be available on our website on the front page next to a description of the upcoming worship service:

Those coming to the building are strongly encouraged to arrive by 10:30 (or even a few minutes before 10:30 to hear the gathering music!)

We'll see how this experiment goes with syncing all TUUC worshipers. ---Rev. Clare

ONLINE CONTRIBUTIONS

When making your contributions online, please be sure to designate your donation to the correct fund by using the dropdown arrow. Click on the fund you wish to contribute to and write the entity (ex: ODB) in the note area for clarification.



CLARE'S COLLOQUY

Our Soul Matters theme for this month is "Walking The Path of Courage." What images come to mind for you? A student auditioning for a school play or trying out for a team sport? An individual walking into their first 12 step meeting? A youth coming out to their parents? A couple standing at the altar to exchange promises to carry them into and through an unknown future together? A parent holding their child for the first time? A family walking through the doors of a spiritual community for the first time? A person getting ready for their first day at a new job? People gathering to witness for justice? Someone living with a chronic illness?

What is courage?

The Reverend Erika Hewitt writes: "The word courage comes from the Latin cor, which means heart. According to poet Mark Nepo, the original use of the word courage meant to stand by one's core: a "striking concept that reinforces the belief found in almost all traditions that living from the Center is what enables us to face whatever life has to offer."

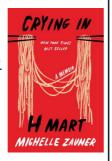
When I first heard the phrase, "walking the path of courage," I thought of the Cowardly Lion from the Wizard of Oz leaping across a chasm on the yellow brick road with a companion on his back. He didn't think of himself of courageous in the moment. When individuals are lauded for their heroism after a crisis in which their actions saved the life of another, you often hear them respond, "I did what anyone would have done." While that may or may not be true, I think it IS true that when we are living from our core values, we are able "to face whatever life has to offer."

We don't have to walk the path of courage alone. Again from Rev. Erika Hewitt, "To "encourage" means to hearten; to impart strength and confidence. This is our work, as a religious community: to encourage one another; to be bold in engaging the world around us, as well as what scares us internally; to give one another the confidence and heart to live as fully as possible."

Wherever you are on the path of courage, know that you are not alone. We bring our open minds, loving hearts, and helping hands together, to encourage one another, to give heart to one another, and to face whatever the future holds.

TUUC BOOK CLUB

WEDNESDAY, OCTOBER 26 7:30 PM



CABIN FEVER

THE AGE OF INNOCENCE (1993)
SUNDAY, OCTOBER 16
4:30 PM



TUUC 2022 AUCTION—SATURDAY, NOVEMBER 19

TUUC People-to-People Auction time is nearing and this year we are delighted that it will be a combined in-person and virtual event. We are counting on all of you to make it a successful one. With no time to waste, we are beginning the call for donations to the 2022 Auction. It's time for *Rising Together*! Online bidding will open on October 18th, just two weeks away. It would be great to have lots of



donations entered by that date, so they have maximum exposure to interested buyers. Here are links to the instructions and the online donation form:

Auction Instructions

Donation Form

Donation Ideas

We are happy to have all kinds of donations: items large and small, services you can offer, outdoor activities you can host, gift boxes and baskets, online classes, and group events either socially distanced or post-pandemic. Those who think up interesting offerings are often surprised by the appreciative response of the congregation. Hosting an event like a dinner, a bike ride, hike, or picnic gets a great response and allows the donor and buyers to have a good time together.

We ask that donations of physical articles be limited to new or previously owned items in excellent condition. We are requesting that items have a value of at least \$25.

Donated gift cards and gift certificates are always welcome. You'll be able to buy raffle tickets online or at the church and gift cards/certificates make great raffle prizes!

If you're still stumped, a cash donation will help offset the expenses of putting on the Auction. You can enter your cash donation using the Auction 2022 Donation Form (link above)

The Auction Committee is working hard to make this year's event a big success and lots of fun. And it all starts with your donations *Rising Together* in support of TUUC.

Gratefully, Your 2022 Auction Committee

Auction Training Sessions

If you are new to using the **BidBeacon** software or would just like a refresher course before this year's event, please join one of the upcoming training sessions, hosted on Zoom by Samantha Saalfield. Training dates and times are shown below. Check the church calendar for a Zoom link to the session.

Tuesday, October 18, 7-8 PM Wednesday, October 26, 7-8 PM Sunday, November 6, 12-1 PM Thursday, November 17, 7-8 PM

TUUC ANNOUNCEMENTS AND UPCOMING EVENTS

RE AT TUUC

Change is hard. It's a truth most of us can agree on. Whether it be a large transition like moving to a new city or something as small as the redesign of a website you use often, change requires adjustment. And it's not always pleasant.

Certainly this transition into the role of DRE, while wonderful, has been challenging at times. A new schedule, a steep learning curve, and jumping in with both feet into a stream that's already running swiftly. However, like with all change, there's a tremendous opportunity for self reflection and growth. I've already learned quite a bit about myself and look forward to discovering where these insights will lead me.

It takes time to adjust, for our bodies and minds to reorient themselves to the new direction we are heading. So with any transition we must be gentle with ourselves and have patience as we unravel what the other side of the wormhole looks like. The process itself teaches us who we are and the very nature of change is a beautiful opportunity.

Some of you have already noticed that I've been making changes downstairs: moving things around, bringing in new furniture, making schedules and spreadsheets. And I know some of that may be jolting, even upsetting. This transition to a new DRE is happening as much for you as it is for me. We're in this together as we grow into something new and unforeseen.

As always, feel free to email me. TUUCDRE@Towsonuuc.org.

Kara

"When you come out of the storm, you won't be the same person who walked in. That's what this storm's all about." — Haruki Murakami from <u>Kafka on the Shore</u>

UUA 2022 GENERAL ASSEMBLY

Recordings of the General Sessions, worship, and of many of the workshops from General Assembly are now available for viewing online. https://ga-recordings.uua.org/vod

Topics include building Beloved Community, climate justice, owning our past, restorative circles, and organizing and change work.



UUA GENERAL ASSEMBLYMULTIPLATFORM / PORTLAND • 2022

OCTOBER COFFEE/SHARING AND PASTORAL CARE HOURS

Hi All! It is wonderful to be serving as your Intern Minister! To join Coffee & Sharing or Pastoral Care at the times below, please email sarahruth@towsonuuc.org two or more business days before the scheduled time to receive the Zoom link!

Many Blessings, SarahRuth

Coffee & Sharing
Monday, October 17 from 12 PM to 1 PM
Individual/Family Pastoral Care
Monday, October 17 from 1 to 2 PM

SINGLES FELLOWSHIP GROUP POTLUCK—SATURDAY, OCTOBER 15 AT 5:00 PM

Join us for good food and conversation at the church's lower level outdoor patio. We offer an atmosphere for fellowship and friendship among TUUC single adults. We range in age from the 60's through the 80's, but gladly welcome anyone to join us.

Please call Ronald Rowley to RSVP and to get more information. He is listed in the church directory.

GREEN SANCTUARY COMMITTEE—FAIR TRADE SALE ON SUANDAY, OCTOBER 16

Just in time for Halloween, this Sunday (16th) the Green Sanctuary Committee will be selling fair trade coffee, tea, nuts and candy (including bags of "minis" perfect for trick or treat). Please show your support for small farmers who depend on these sales.

TUUC SOCRATES CAFÉ TO PROBE CONSCIOUS CAPITALISM—MONDAY, OCTOBER 17

Conscious Capitalism, a philosophy with a central premise that businesses should serve all significant stakeholders, including the environment, was suggested by Happy Brooks at our last meeting, and will be our topic for our next TUUC Socrates Cafe, this coming Monday evening, October 17th, from 7:30-9:00 p.m. John Mackey's best selling book, Conscious Capitalism: Liberating the Heroic Spirit of Business, is suggested reading for the session, as well as several YouTubes of Mackey explaining his premises. The question: "Is Conscious Capitalism possible?" will be probed. So give it some thought, and join us on Zoom to probe Mackey's "bold defense and reimagining of capitalism as a blueprint for a new system for doing business," Come armed with your opinions! Anything goes! We just aim for a lively, thoughtful discussion! Or, if you prefer, come just to listen! To join, send an email to socratescafe@towsonuuc.org, and you will receive the Zoom Link for the 17th. Namaste!

OCTOBER ETHNIC LUNCH—WEDNESDAY, OCTOBER 19 AT 11:30 AM

Way back in early 2020 Ethnic Lunch planned to do a special dim sum lunch at a Chinese restaurant in Rosedale. One of the reasons it was special was that they only offered dim sum on weekends. Unfortunately during the early days of the pandemic the restaurant closed. About a year later another restaurant, Asian Court in Ellicott City, was recommended as a good place for dim sum in the Baltimore area.

For people who may not have tried dim sum, it is similar to tapas in Spanish restaurants, or mezze in Middle Eastern restaurants. Think small helpings of food on plates that are shared by the group. Many of the offerings are dumplings of various kinds, some steamed, some pan fried. Usually there are egg rolls, barbecued ribs, noodle or rice dishes. The different dishes are put on carts and pushed around the restaurant. The waitstaff stop at tables and show what they have on the cart. People point at what looks good and it is put on their table. The waitstaff keeps a tally of what dishes are served at each table. At the end of the meal, they add up how many dishes have been eaten and a group bill is presented. This is a meal for spending time, talking and sharing food. Sort of like a crab feast, only tidier. If you are uncomfortable with sharing food at this time, it would be best to wait until we go to a different Asian restaurant. Because dim sum is best when it is fresh out of the kitchen, Ethnic Lunch is going to meet earlier than usual. We'll be meeting at 11:30 on Wednesday, October 19.

Asian Court is located in Ellicott City, https://www.asiancourtmd.com. 11105 Resort Road. It is located in a shopping center at the Marriottsville Rd exit off route 70. RSVP to ethniclunch@towsonuuc.org by October 16 so we can make a reservation.

DANCING WITH DEPRESSION COURSE AT TUUC—FINAL CLASS ON SATURDAY, OCTOBER 22

In the 18th and 19th century, depression, also known as melancholia, was thought to be a character trait that was inherited and could not be changed. Today, we understand it as a disease that can be treated. Nevertheless, there is much about depression that is still not understood, and stigma attached to depression remains a problem. For those suffering from depression and for those close to people suffering from depression, depression can seem like a dance between periods of wellness and illness.

In this 4-week course, led by Rev. Karyn Marsh, who is a chaplain at Johns Hopkins Hospital, participants will learn to recognize the signs and symptoms of depression, about treatments for depression, and how to support those who are experiencing depression. While this course is designed for those who are supporting people with depression, it will also offer resources for participants to tend to their own mental health. The first three classes were already held via Zoom, but one more session remains: the final class session on **Saturday**, **October 22** from **1 PM** until **3 PM**. The last session will be in-person at TUUC. To register please click on this link: https://tuucdatabase.breezechms.com/form/552761

NEWCOMERS' WELCOME—SUNDAY, OCTOBER 23 FOLLOWING SERVICE

New to TUUC? Have questions about our congregation and its programs? Please stop by Room 6 after the service on October 23rd. The Membership Committee would be pleased to get to know you a bit better and to help you connect with any groups or activities you might like to explore.

WOMEN'S BRUNCH—WEDNESDAY, NOVEMBER 7 AT NOON

Good news! Women's Lunch Bunch will start up after our long isolation. We will meet on Monday, November 7 at noon in the cafe at Edenwald. If you plan to attend and have not been in touch with Sue Shankroff, please check with her for more information. We welcome newcomers.

SOCIAL ACTION

FOOD DONATIONS AT TUUC

We are again collecting donations of nonperishable food for the Assistance Center of Towson Churches (ACTC). Please deposit them in the round bin (Marked ACTC) on the floor of the Church lobby. The most requested food items are: boxed breakfast cereal, canned meals (pork & beans, chili), canned vegetables, canned fruit, dry pasta, pasta sauce, Mac & cheese, canned tuna, peanut butter, jelly, canned soup, family and travel sized toiletries, and household supplies (toilet paper, laundry detergent).

NONPERISHABLE FOOD

Nonperishable food can be dropped off at these locations:

- Mondays, 12 to 2 PM: Ascension Lutheran Church parking lot (7601 York Rd.)
- Thursdays, 12 to 2 PM: Trinity Episcopal Church parking lot (120 Allegheny Ave.)
- Thursdays, 5 to 6 PM: Valley Baptist Church parking lot (1401 York Rd.)

EARL'S PLACE DONATIONS

In addition, there is a round bin marked "Earl's Place" for donations of paper goods and toiletries, such as toilet paper or paper towels.

BRIDGE MARYLAND

- October 22: Ntosake Get Out the Vote Phone Banking at 9:30 AM and 1:00 PM.
- November 5: County Canvassing from 9:00 AM to 12:00 PM.

For details, please contact Ann Beezley.

OUR DAILY BREAD

October is a month we donate to Our Daily Bread. We are still doing monetary donations and not baking casseroles. Please donate \$10-15 for a 'casserole equivalent'. Be sure to specify ODB in the memo line to ensure our administrator knows you intend this for OBD.

THANKSGIVING BASKETS FOR ACTC

It's not too soon to think about Thanksgiving Baskets for ACTC. Help us reach our goal of 50 Baskets. The list of items for the basket and a sign-up sheet is on the poster in the lobby. Baskets do need to be brought to the church either Sunday November 6th or Sunday the 13th.

As in years past, you can purchase pre-packaged Thanksgiving baskets (\$25-\$35).

The participating stores are:

- Giant Timonium (across from the Fairgrounds) 2145 York Road Timonium 21093. 410-308-3668, Lenny Schlossenberg, Manager
- Giant (across from the Drumcastle Center) 6340 York Road, Baltimore 21212. 410-377-2673, Sarah Bianco, Customer Service Manager and Ricky McCloud Regional Manager/ Acting Manager

• Shoprite 37 Aylesbury Road, Timonium 21093. 410-308-8700, Dave Loayza, Manager

Prepackaged bags will be available as of 11/1/22. Please deliver them to the TUUC lobby 11/6/22 or 11/13/22. If you order many baskets, you can pre-order for pickup November 16, 17 or 18 and deliver directly to Trinity Episcopal 120 Allegheny Ave, Towson (the host for ACTC's Thanksgiving event).

You can also donate gift cards or monetary donations to ACTC. For monetary donations, please specify ACTC in the memo line to ensure the funds go to this community partner.

Anyone who want to help organize or distribute baskets can visit $\underline{ACTC's\ website}$ after 10/1/22 to sign-up for a volunteer shift.

AMAZON SMILE QUARTERLY DONATION: \$70.84

Thank you for choosing Towson UUC as your preferred charity with Amazon Smile! Every time you use the site with TUUC listed as your preferred charity, Amazon donates a small amount (0.5%) from your purchase to our church.





Replacement Refrigerator needed for Lower Level

(must be 32 in or less in width) to replace the broken one on the lower level. Please contact churchoffice@towsonuuc.org should you have one to donate. Thank you!



DONATE BY TEXT

Send an amount to (410)834-0700

PASSING THE PLATE

DONATE TO TUUC VIA PAYPAL, TEXT, OR BREEZE MORE INFORMATION ON THE TUUC WEBSITE

WHAT'S HAPPENING AT TUUC

Calendar is subject to change. Check the website calendar here for most current schedule.

Click here for the schedule of ongoing regular TUUC virtual meetings.

<u> </u>				
15 Oct	Saturday	Third Saturday Work Party	9:00 AM	
15 Oct	Saturday	Singles Fellowship Potluck	5:00 PM	
16 Oct	Sunday	GSC Fair Trade Sale	10:00 AM	
16 Oct	Sunday	Sunday Service	10:30 AM	
16 Oct	Sunday	Social Action Committee Meeting	12:30 PM	
16 Oct	Sunday	Cabin Fever—The Age of Innocence	4:30 PM	
17 Oct	Monday	Socrates Café	7:30 PM	
18 Oct	Tuesday	BidBeacon Training Session	7:00 PM	
18 Oct	Tuesday	Men's Reflection Group	7:30 PM	
18 Oct	Tuesday	Women's Group Meeting	7:30 PM	
18 Oct	Tuesday	Music Rehearsal	7:30 PM	
20 Oct	Thursday	TUUC Choir Rehearsal	7:30 PM	
21 Oct	Friday	Writing as a Spiritual Practice	1:00 PM	
22 Oct	Saturday	Dancing with Depression	1:00 PM	
23 Oct	Sunday	Sunday Service	10:30 AM	
23 Oct	Sunday	Newcomers' Welcome	11:30 AM	
23 Oct	Sunday	Cabin Fever—Blonde	4:30 PM	
25 Oct	Tuesday	Aging Together	1:00 PM	

Don't Work Sick Don't School Sick Don't Church Sick

SUNDAY SERVICE ATTENDANCE REPORT

(Does not reflect actual number of people watching)

Date	Time	In-Person / Online
10/09/2022	10:30 AM	74/31