Submissions appearing for the first time this week are printed in GREEN.

Volume 9 Number 4



#### SEPTEMBER 25, 2022 - 10:30 AM

#### THE TUUC MEMBERSHIP COMMITTEE—BELONGING: THE HEALING POWER OF CONNECTION

What types of emotional connections do we seek from our church community? What are the benefits of a sense of belonging?

Join the membership committee in exploring how the need for connection and a sense of belonging motivates and empowers us.

#### SUNDAY, SEPTEMBER 25 ONLINE SERVICE INFORMATION

For those who plan to join us on Zoom this Sunday, please see below for the Zoom information.

Zoom Link: https://zoom.us/j/93550176616?pwd=WWJTTjZabUQ0Yzh2OWF5NDRKaGdQQT09

Meeting ID: 935 5017 6616

Passcode: 028423



DONATE BY TEXT Send an amount to (410)834-0700 PASSING THE PLATE

DONATE TO TUUC VIA PAYPAL, TEXT, OR BREEZE MORE INFORMATION ON THE <u>TUUC WEBSITE</u>

#### **ONLINE CONTRIBUTIONS**

When making your contributions online, please be sure to designate your donation to the correct fund by using the dropdown arrow. Click on the fund you wish to contribute to and write the entity (ex: ODB) in the note area for clarification.

Give to Towson Unitarian Universalist Church	
\$ 0.00	
Give to 2021-2022 Stewardship Campaign	Give to Townon Unitarian Universalist Church
Add Gift to Another Fund	<b>Q</b> 0.00
Give this One Time	Give to Restricted Fund  Give to 2021-2022 Stewardship Campaign
Give by Credit/Debit Card	Give to Building Fund Give to General Fund Give to Green Products
Continue	Give to Kare Venables Music Fund Give to Memoial Gardsen Give to 2002 Casservice Give to 2012 Casservice Give to Partial Calculation Registration Give to Restricted Fund Give to Social Action Collection

#### IN MEMORY OF KATHY RAMIREZ

The family of Kathy Ramirez is planning a celebration of her life on October 9th at the Dogwood Pavilion in the Hammerman Area of Gunpowder Falls State Park at 1:00 PM. All are welcome. Please feel encouraged to bring along a dish or snack as well as favorite photos, mementos, and memories.

#### IN MEMORY OF JEANIE JUNG

We regret to inform you of the death of long time TUUC member Jeanie Jung on September 18. Jeanie met Al Bolz at TUUC and they married. She was a life-long learner who enjoyed good books; interesting talks; and travel for educational purposes. Jeanie was a participant in our adult religious education class, "Building The World We Dream About." She was open to trying new things and was part of TUUC team that explored the UUA Partner Church program and a possible partnership with a UU congregation in Hong Kong. Jeanie was a gracious hostess who enjoyed sharing a good meal—and especially during Baltimore Restaurant week! She loved beauty and was a supporter of Gallery Unicorn. Jeanie also supported Planned Parenthood of Maryland. And over a decade ago, Jeanie generously sponsored a youth in our community to go on the Civil Rights tour organized by the UU College For Social Justice. Jeanie was thoughtful, caring, and committed to justice. A celebration of her life will be held at TUUC at 11 AM on November 5.

----Rev. Clare



# SAVE THE DATE—TUUC AUCTION ON SATURDAY, NOVEMBER 19

Save the date for the 2022 version of TUUC's People-to-People Auction which will be held on Saturday November 19 in the early evening hours. Our gathering will be <u>both</u> virtual via Zoom and in-person at TUUC and is guaranteed to be an evening of fun and fellowship, all to



support our beloved TUUC. Watch this space for updates on how to donate, some peeks at what's been donated, and how <u>you</u> can help us make the Auction a success! -- The 2022 Auction Team

# COME OUT FOR THE "COMMUNITY CHOIR" THIS SUNDAY—ALL ARE WELCOME!

We're bringing back a concept we started a few years ago--Community Choir! On a Community Choir Sunday, everyone is invited--all ages and all skill levels--to come for a rehearsal on the morning of the service. This Sunday, September 25th, we will rehearse for this special initiative, at 9:00 AM. We will rehearse for most of an hour, and then have a break when AV begins the sound checks. We'll be learning relatively simple music for the service. We will also be creating a soundscape with rhythm instruments in this service, so if you have small percussion at home that you want to play, please bring it (instruments will also be available). Because we need to be distanced, it would be very helpful if you could RSVP that you plan to participate by emailing Tracy at <u>music@towsonuuc.org</u>. Please remember to bring some kind of mask to wear as well. YRE students are welcome to participate--you'll be part of two musical segments before you leave for classes!

## WRITING AS A SPIRITUAL PRACTICE—DROP IN SESSIONS

# Sept. 23, Oct. 7, Oct. 21, Nov. 4, Nov. 18, Dec. 9, Jan. 6, Jan. 20 from 1-2 PM on Zoom

Writing As A Spiritual Practice will resume on September 23 and all are welcome to these stand alone sessions on Zoom. We check-in; light a chalice; listen to a brief reading; and then choose one of several prompts. After writing together for 15 minutes in silence, we are invited to share what we have written. Through this practice we become more present to our own lives and get to know the lives of others at a deeper level. We close with a benediction. The purpose of this group is not perfection it is presence. Join us on one or all of the Friday sessions above!

# SINGLES FELLOWSHIP GROUP POTLUCK—SATURDAY, SEPTEMBER 24 AT 6:00 PM

Join us for good food and conversation at one of our homes. We offer an atmosphere for fellowship and friendship among TUUC single adults. We range in age from the 60's through the 80's, but gladly welcome anyone to join us.

Please call Ronald Rowley to RSVP and to get more information. He is listed in the church directory.

#### DANCING WITH DEPRESSION COURSE AT TUUC

In the 18th and 19th century, depression, also known as melancholia, was thought to be a character trait that was inherited and could not be changed. Today, we understand it as a disease that can be treated. Nevertheless, there is much about depression that is still not understood, and stigma attached to depression remains a problem. For those suffering from depression and for those close to people suffering from depression, depression can seem like a dance between periods of wellness and illness.

In this 4-week course, led by Rev. Karyn Marsh, who is a chaplain at Johns Hopkins Hospital, participants will learn to recognize the signs and symptoms of depression, about treatments for depression, and how to support those who are experiencing depression. While this course is designed for those who are supporting people with depression, it will also offer resources for participants to tend to their own mental health.

The first three classes will be held via Zoom on **September 29**, **October 5**, and **October 12** from 7 PM until 8 PM. The final class session will be in-person at TUUC on **October 22** from 1 PM until 3 PM. Participants are encouraged to attend all four sessions. To register please click on this link: <u>https://tuucdatabase.breezechms.com/form/552761</u>

#### **OUR JOURNEY TOGETHER**

New to TUUC or wanting to deepen your involvement? Join us for a small group experience this fall on Zoom!

The idea of "the UU path" is central to Our Journey Together. Inspired by the classic UU slogan, "deeds not creeds," we present Unitarian Universalism as a particular way of journeying through the world rather than as a set of beliefs.

You might not be so much looking for an organization to join as you are searching for companions to walk with. The question may not be "Do these people think and believe like I do?" but "Will this place provide me with tools and partners for my journey?" We hope that TUUC can be that community for you.

Join us for a four-part program during which we will explore the experiences of

- Becoming, by listening to our deepest self
- Belonging, by loving our neighbors,
- Engaging, by serving needs greater than our own, and
- Being, by opening up to life's gifts.

Our four sessions will be held on Zoom on November, 6, 13, and 27 at 7:15 - 8:45 PM and on December 11 at 1 - 2:30 PM. Sign up by sending an email to <u>membership@towsonuuc.org</u>.

## NEWCOMERS' WELCOME—SUNDAY, OCTOBER 23 FOLLOWING SERVICE

New to TUUC? Have questions about our congregation and its programs? Please stop by Room 6 after the service on October 23rd. The Membership Committee would be pleased to get to know you a bit better and to help you connect with any groups or activities you might like to explore.

#### NAME TAG REMINDER

Please remember to wear your name tag when you attend service on Sundays. It helps new folks learn names. If you no longer know where your name tag is, email Kai at <u>churchoffice@towsonuuc.org</u> to have a new one made. Let's make sure that we are intentionally being welcoming!

### SACRED CURRICULUM ON FAITH SUPPORT FOR REPRODUCTIVE FREEDOM

A new national organization called SACReD, the Spiritual Alliance of Communities for Reproductive Dignity (<u>http://www.sacreddignity.org/</u>) has formed to empower congregations to become loving, justice-seeking faith communities that fully support the fulfillment of reproductive moral agency and flourishing for all. SACReD has developed a curriculum to help participants deepen their understanding of the connection between faith, racism, and reproductive ethics, and to identify strategies and actions for liberation within religious communities and the larger world.

Given that the Supreme Court overturned Roe v. Wade—and that many people have never had meaningful access to reproductive healthcare—it is a critical time to learn and to act. Rev. Clare will be offering this curriculum in seven 2-hour sessions on Zoom, 1:00-3:00 PM. The first session will be offered on Sunday Oct. 2 and repeated on October 30th.

Participants are required to attend the first session. That's why it is being offered twice. The other sessions will be held on Nov. 13, Jan. 8. Feb. 5, March 5, April 2, and April 30. Participants are required to attend at least 6 of the 8 sessions including the first one. Please register <u>here</u> if you would like to participate. Your participation will help TUUC to become an official part of this interfaith Spiritual Alliance of Communities for Reproductive Dignity.

#### AMAZON SMILE QUARTERLY DONATION: \$81.66

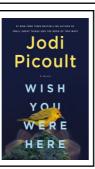
Thank you for choosing Towson UUC as your preferred charity with <u>Amazon Smile</u>! Every time you use the site with TUUC listed as your preferred charity, Amazon donates a small amount (0.5%) from your purchase to our church.



# TUUC BOOK CLUB

WEDNESDAY, SEPTEMBER 28

7:30 PM



CABIN FEVER

DOLEMITE IS MY NAME (2019) SUNDAY, OCTOBER 2 4:30 PM



# SOCIAL ACTION

Summer is winding down, school's restarted, it's a time for new beginnings. Come, join others in feeding the hungry, housing the homeless, dismantling racial injustice and mentoring young Black men. For more information on working with our community partners please email Ann Beezley (contact information in Breeze).

#### FOOD DONATIONS AT TUUC

We are again collecting donations of nonperishable food for the Assistance Center of Towson Churches (ACTC). Please deposit them in the round bin (Marked ACTC) on the floor of the Church lobby. The most requested food items are: boxed breakfast cereal, canned meals (pork & beans, chili), canned vegetables, canned fruit, dry pasta, pasta sauce, Mac & cheese, canned tuna, peanut butter, jelly, canned soup, family and travel sized toiletries, and household supplies (toilet paper, laundry detergent).

#### NONPERISHABLE FOOD

Nonperishable food can be dropped off at these locations:

- Mondays, 12 to 2 PM: Ascension Lutheran Church parking lot (7601 York Rd.)
- Thursdays, 12 to 2 PM: Trinity Episcopal Church parking lot (120 Allegheny Ave.)
- Thursdays, 5 to 6 PM: Valley Baptist Church parking lot (1401 York Rd.)

#### EARL'S PLACE DONATIONS

In addition, there is a round bin marked "Earl's Place" for donations of paper goods and toiletries, such as toilet paper or paper towels.

#### BRIDGE MARYLAND—YOU HEARD ABOUT IT LAST SUNDAY, NOW JOIN THE ACTION:

- October 1 and October 8: Two Baltimore County canvassing campaigns.
- October 3: There is a rally downtown for a new improved Inclusive Housing Bill (council bill 22-0195).
- October 10: The Baltimore County Justice Table is focusing on education, a meeting is scheduled 10/11 at 5:30, before the first School Board Meeting.
- October 22: Get Out the Vote Phone Banking

For details, please contact Ann Beezley.

# **Replacement Refrigerator needed for Lower Level**

(must be 32 in or less in width) to replace the broken one on the lower level. Please contact <u>churchoffice@towsonuuc.org</u> should you have one to donate. Thank you!

# WHAT'S HAPPENING AT TUUC

Calendar is subject to change. Check the website calendar <u>here</u> for most current schedule. Click <u>here</u> for the schedule of ongoing regular TUUC virtual meetings.

23 Sept	Friday	Writing as a Spiritual Practice	1:00 PM
24 Sept	Saturday	Third Saturday Work Party	9:00 AM
24 Sept	Saturday	Singles Fellowship Group	6:00 PM
25 Sept	Sunday	Community Choir Rehearsal	9:00 AM
25 Sept	Sunday	Sunday Service	10:30 AM
27 Sept	Tuesday	Aging Together	1:00 PM
27 Sept	Tuesday	Soul Matters Sharing Circles	7:30 PM
28 Sept	Wednesday	Book Group	7:30 PM
29 Sept	Thursday	TUUC Choir Rehearsal	7:30 PM
2 Oct	Sunday	Sunday Service	10:30 AM
2 Oct	Sunday	SACReD	1:00 PM
2 Oct	Sunday	Cabin Fever—Dolemite is My Name	4:30 PM
4 Oct	Monday	Men's Reflection Group	7:30 PM
6 Oct	Thursday	TUUC Choir Rehearsal	7:30 PM
7 Oct	Friday	Writing as a Spiritual Practice	1:00 PM
8 Oct	Saturday	TUUC Choir Retreat	1:00 PM
9 Oct	Sunday	Sunday Service	10:30 AM
11 Oct	Tuesday	Aging Together	1:00 PM



# SUNDAY SERVICE

**ATTENDANCE REPORT** 

(Does not reflect actual number of people watching)

Date	Time	In-Person / Online
09/18/2022	10:30 AM	60 / 27